Dayna Trillayes, a Behavioral Specialist at Rio Grande City GISD, would be likely to recommend Crisis Prevention Institute for this reason:

CPI teaches skills to help de-escalate behavior in people who are in distress. This knowledge is helpful in all walks of life; I have found myself using the strategies in and out of the workplace. It is especially useful to know these techniques especially now since so many people are experiencing anxiety and depression due to the pandemic and the state of the union (increase in violence/gun violence).

Source: Dayna Trillayes, Behavioral Specialist, Rio Grande City GISD







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