

## Helping Nurses in Alberta

“ Our staff are better equipped or have refreshed their knowledge in regards to managing crisis and de-escalating risk behaviors. Furthermore, the discussion in our CPI training reminds staff of the values that our organization holds regarding restraints and seclusion, and allows them to reflect on their own practice and workplace policies around this.

— Whitney Turcato, Nurse Educator, Alberta Health Services

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Source: Whitney Turcato, Nurse Educator, Alberta Health Services

✓ Validated

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