

# La Casa Family Health Center – New Mexico

## Introduction

This case study of La Casa Family Health Center is based on a May 2016 survey of Crisis Prevention Institute customers by TechValidate, a 3rd-party research service.



“Nonviolent Crisis Intervention® training is the BEST program to work with the individuals and staff that I come into contact with. It provides everything I need to train the staff to work with individuals with mental issues, while not causing any harm to clients or self.”

“CPI improved staff de-escalation skills, improved overall safety, and has become ingrained in our training.”

“This training has made a difference in the lives of our staff and clients by helping us provide Care, Welfare, Safety, and Security for ALL.”

## Challenges

- Sought Nonviolent Crisis Intervention training to improve staff confidence in working with challenging clients.

## Environment

- Categorizes their mental health environment as an outpatient center.

## Results

- Reduced challenging/disruptive behaviors by over 50% since implementing CPI de-escalation techniques.
- Decreased the use of physical restraint and seclusion by 100% since implementing CPI training.
- Reduced worker compensation claims by up to 20% as a result of implementing CPI techniques.
- Agrees that the enhanced content has helped them, their staff, and their organization.
- Achieved return on investment with CPI by:
  - Meeting regulatory compliance
  - Reducing injuries
  - Improving staff skills and confidence

### Company Profile

Company:  
**La Casa Family Health Center**

Company Size:  
**Medium Enterprise**

Industry:  
**Non-profit**

### About Crisis Prevention Institute

CPI is a standard-setting resource for organizations that serve society's most vulnerable. Their proven model for staff training and personalized support empowers professionals who strive to sustain true cultures of compassion.

**Learn More:**

[Crisis Prevention Institute](#)