

CRISIS PREVENTION INSTITUTE CASE STUDY

# Mental Health and Addictions Concurrent Overnight Program - Nova Scotia, Canada

#### Introduction

This case study of Mental Health and Addictions Concurrent Overnight Program - Nova Scotia, Canada is based on a May 2016 survey of Crisis Prevention Institute customers by TechValidate, a 3rd-party research service.

"All our staff are trained to recognize and identify escalating behaviors, and are given the confidence to de-escalate them before they get out of hand."

"CPI is a very professional organization, with applicable training, and supportive training staff."

"CPI improved staff de-escalation skills, improved overall safety, and has become ingrained in our training."

"CPI training improved my organization's HCAHPS score."

# Challenges

- Sought Nonviolent Crisis Intervention® training to:
  - Reduce workplace violence rate
  - Improve staff confidence in working with challenging clients
  - Improve staff skills in managing behaviors

### **Environment**

Categorizes their healthcare environment as behavioral.

### Results

- Reduced challenging/disruptive behaviors by 40-49% since implementing CPI de-escalation techniques.
- Decreased the use of physical restraints and seclusions by 75-99%since implementing CPI training.
- Agrees that the enhanced content has helped them, their staff, and their organization.
- Achieved return on investment with CPI by:
  - Meeting regulatory compliance
  - Reducing staff turnover
  - Reducing liability
  - Improving staff skills and confidence

## Organization Profile

Organization: Mental Health and Addictions Concurrent Overnight Program - Nova Scotia, Canada

Industry: Non-profit

#### **About Crisis Prevention** Institute

CPI is a standard-setting resource for organizations that serve society's most vulnerable. Their proven model for staff training and personalized support empowers professionals who strive to sustain true cultures of compassion.

Learn More:

Crisis Prevention Institute

Source: Karen Slawter, Adolescent Case Worker, Mental Health and Addictions Concurrent Overnight Program - Nova Scotia, Canada

Research by

**TechValidate**